

1 **Extreme mortality during a historical measles outbreak on Rotuma**
2 **is consistent with measles immunosuppression**

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13 **Summary**

14 Until the early twentieth century, populations on many Pacific Islands had never experienced
15 measles. As travel to Pacific Islands by Europeans became more common, the arrival of measles and
16 other pathogens had devastating consequences. In 1911, Rotuma in Fiji was hit by a measles
17 epidemic which killed 13% of the island population. Detailed records show two mortality peaks, with
18 individuals reported as dying solely from measles in the first, and from measles and diarrhoea in the
19 second. Measles is known to disrupt immune system function. Here, we investigate whether the
20 pattern of mortality on Rotuma in 1911 was a consequence of the immunosuppressive effects of
21 measles. We use a compartmental model to simulate measles infection and immunosuppression.
22 Whilst immunosuppressed we assume that individuals are vulnerable to dysfunctional reactions
23 triggered by either (i) a newly introduced infectious agent arriving at the same time as measles or (ii)
24 microbes already present in the population in a pre-existing equilibrium state. We show that both
25 forms of the immunosuppression model provide a plausible fit to the data, and that the inclusion of
26 immunosuppression in the model leads to more realistic estimates of measles epidemiological
27 parameters than when immunosuppression is not included.

28 Introduction

29 Measles is a highly contagious respiratory virus. Measles infection can lead to sometimes-lethal
30 complications including pneumonia, encephalitis and severe diarrhoea[1,2]. Measles infection also
31 causes a period of immunosuppression, in which an individual becomes more susceptible to
32 secondary infections and additional complications [3–6]. Since the introduction of a vaccine in the
33 mid-20th century, measles deaths have declined significantly, although measles still remains a serious
34 health risk[7]. Pre-vaccine, measles was endemic in most large countries whose population was
35 above the critical community size (300,000-500,000) required to sustain the disease[8].

36 Many Pacific Island populations first experienced measles in the late 19th and early 20th century as a
37 consequence of contact with Europeans. Measles and other pathogens, such as smallpox and
38 dysentery, caused devastating outbreaks across many islands, with far higher measles mortality
39 rates than typically observed in contemporary, well-connected larger populations[9,10]. Whilst
40 measles outbreaks continue to occur on Pacific Islands up to the present day, including the recent
41 severe outbreak in Samoa in 2019[7,11], they no longer display the extreme lethality of the first
42 contact outbreaks. Instead they exhibit mortality rates similar to those seen globally[12]. Two
43 explanations have so far been suggested for this phenomenon. The first is that Pacific Island
44 populations (and other isolated populations) were genetically susceptible to severe measles when
45 the pathogen first arrived. The second hypothesis is that repeated exposure to respiratory
46 pathogens (as experienced by those living in large, well-connected populations) builds up broadly
47 protective immune responses, which reduce individual infection mortality from measles, although
48 measles remains a serious infection[9]. Pacific Islanders had little such exposure prior to contact with
49 Europeans, but now they have the same exposure as the rest of the world. Patterns of mortality in
50 US army recruits suggest that epidemiological isolation can contribute to greater measles
51 severity[13] and previous modelling work suggests that an immunological transition is a plausible
52 explanation for the pattern of historical Pacific Island infection mortality[10].

53 Rotuma is a Fijian island located 646 km north of the capital, Suva. Although most of Fiji experienced
54 measles in a large outbreak in 1875[14], Rotuma's distance from other Fijian islands meant it did not
55 experience measles until 1911[15]. Due to the 1875 measles outbreak, a medical officer was
56 stationed on Rotuma to check for infectious diseases among those entering the island.

57 Unfortunately, they were absent on 29th January 1911 when two people infected with measles
58 landed on Rotuma[16]. Nearly 13% of the population of the island died in the subsequent
59 epidemic[9]. American Samoa and Guam also experienced measles outbreaks in 1911 and 1913
60 respectively, although with lower mortality; potentially because these islands had experienced
61 measles outbreaks before[17,18]. Across all these outbreaks in the Pacific Islands at the time, a high
62 percentage of those with measles infections also suffered extreme gastrointestinal
63 complications[19]. Other high-lethality measles outbreaks in the early twentieth century not on
64 Pacific Islands did not involve similar gastrointestinal complications, but rather involved pulmonary
65 complications. Such pulmonary complications occurred during extreme measles mortality in Boer
66 war concentration camps[20] and as a result of measles and streptococcal coinfection in a measles
67 outbreak among US soldiers in 1917-18[21].

68 As noted previously, measles infection disrupts immune system function [3–6]. Here we hypothesise
69 that the extreme gastrointestinal complications observed during measles outbreaks on Pacific
70 islands were specifically due to the immunosuppressive effects of measles. To explore this
71 hypothesis, we model three possible scenarios.

72 In the first and simplest scenario we assume that acute measles infection, with no involvement of
73 any other infectious agent, lead to all deaths where “measles” was listed as a cause. In the second
74 scenario (model 2), we assume an additional (non-measles) microbe was brought to Rotuma at the
75 same time as measles, and infection with this agent could cause lethal gastrointestinal disease in
76 those experiencing measles immunosuppression after their initial measles infection. We model this
77 second infectious agent as having S-I-R (susceptible-infectious-recovered) dynamics because we are

78 assuming that it is also a novel infectious agent, never before seen on Rotuma; given this was a
79 novel introduction the difference between S-I-R and alternative formulations is likely to be small. In
80 the third scenario (model 3), we assume that measles immunosuppression triggered dysfunctional
81 immunological reactions to otherwise benign microbes within the Rotuman population (i.e.
82 communicable agents which were already present on the island in an equilibrium state, perhaps gut
83 microbes). For this scenario, we model the secondary infectious agent as having S-I-S (susceptible-
84 infectious-susceptible) dynamics, because (i) we considered microbes with S-I-R dynamics to be less
85 likely to persist in very small populations, and (ii) S-I-S dynamics would be the best way to simulate a
86 component of the gut microbiome, the likely trigger for the gastrointestinal complications. We use
87 ordinary differential equation models to capture all of the aforementioned scenarios, fit each model
88 to the available data from the Rotuman 1911 measles outbreak, and assess the plausibility of the
89 resulting fitted parameter values.

90 **Methods**

91 **Models 1-3**

92 All 3 of our models are compartmental models in which measles infects a population of size N , with
93 or without an additional infectious agent present. Given the timescale involved we ignore births and
94 immigration. Model 1 is an SEIR model in which hosts may be susceptible to measles (S), exposed to
95 measles (E), infectious with measles (I) or recovered/immune to measles (R). Models 2 and 3 extend
96 the SEIR model to include an immunosuppressed state – thus hosts could be susceptible (S), exposed
97 (E), infectious (I), immunosuppressed (X) or recovered/immune (R). We modelled the dynamics of
98 the second infectious agent as SIR (susceptible, infectious then recovered/immune) in model 2 or SIS
99 (susceptible, infectious then susceptible again) in model 3. For models 2 and 3 we summarised the
100 state of each host with respect to measles and the second infectious agent by stating their position
101 in each set of possible conditions. “IS” therefore refers to a host who is infectious with measles and
102 susceptible to the second infectious agent; “RI” represents a host who is immune to measles but

103 infectious with the second infectious agent, and so on. Models 2 and 3 are illustrated schematically
104 in figure 1 and equations for all 3 models are given in the supplementary appendix.

105

106 **Parameter selection and initial conditions**

107 All model parameters are listed in table 1. For all but three parameters, we tested a range of
108 possible values to determine which provided the best fit to the data. We always fixed the value of
109 the average latent period of measles ($1/\sigma_M$) and the average infectious period of measles ($1/\gamma_M$). It is
110 reasonable to assume that the measles virus which infects people today is unchanged from that
111 which existed at the beginning of the 20th century. A measles generation time of approximately 12
112 days was estimated by Hope Simpson from a detailed study of measles in households[22]. A
113 statistical analysis[23] of Hope Simpson's detailed dataset estimated a length of the latent period to
114 be 7.63 days and the infectious period to be 7.05 days. We therefore took the average length of time
115 in the exposed class to be 8 days and the average duration of the infectious period to be 7 days.

116 We also fixed the average duration of infections with the secondary infectious agent ($1/\gamma_Z$). This was
117 a simplifying assumption to reduce the number of parameters we had to attempt to fit with limited
118 data. We fixed γ_Z at a value which implied an average duration of infectiousness of 1 week (7 days),
119 which is not unreasonable for many infectious agents. The transmission parameter of the secondary
120 infectious agent (β_Z) could vary, thus the basic reproduction number of the secondary infectious
121 agent (R_{0Z}) was still being fitted in our analysis, despite this simplifying assumption.

122 The initial conditions of the model were based on the population size of Rotuma in early 1911
123 ($N=2401$, made up of 2399 individuals living on the island, plus 2 who were known to have brought
124 measles to the island at time 0; we do not attempt to account for any other individuals arriving by
125 boat). It is not clear from the historical record whether the 2 individuals who arrived carrying
126 measles were already infectious (i.e. in the infectious class) or shortly to become infectious (i.e. in
127 the exposed class) at time 0. We therefore tested both possibilities: we placed two individuals in

128 class E for model 1 and class ES for models 2 and 3 to simulate the individuals arriving in the exposed
129 class, or we placed two individuals in class I for model 1 and class IS for models 2 and 3 to simulate
130 the individuals arriving in the infectious class. For model 2, we assumed there to be 1 individual in
131 class SI at time 0 (measles susceptible, infectious with secondary infectious agent). For model 3 we
132 set the number of individuals in class SI at time 0 to be such that the proportion of individuals in
133 class SI at time 0 was equal to the equilibrium for the secondary infectious agent $(1 - \frac{\gamma_Z}{\beta_Z})$.

134 **Mortality data**

135 Detailed census data for Rotuma covering the 1911 period is available, including cause of death. This
136 mortality data has previously been published[9]. For our analysis we focus on deaths where measles
137 was listed as one of the causes. We group the deaths into two classes: measles without
138 gastrointestinal complications (i.e. where measles is named as a cause of death, but diarrhoea or
139 ileo colitis are not named) and measles with gastrointestinal complications (i.e. where the cause of
140 death is given as measles with diarrhoea or measles with ileo colitis). In some cases measles is listed
141 alongside a non-gastrointestinal complication. We include all these deaths in the “measles without
142 gastrointestinal complication” category, with the exception of any which included tuberculosis
143 (phthisis) as a cause. Measles with phthisis deaths typically occurred months after the initial
144 epidemic. These were likely due to the reactivation of TB by measles immunosuppression, but we
145 did not include this process in our model, hence it was simplest not to include these deaths.

146 **Model fitting**

147 To fit each model to the data we considered deaths occurring after measles infection, with or
148 without complications due to immunosuppression. For model 1, the only modelled deaths were
149 those which occurred on leaving class I and there was no distinction between measles with and
150 without gastrointestinal complications. When we included a secondary infectious agent (models 2
151 and 3), all modelled deaths occurring upon leaving class IS, II or IR were counted as “measles without

152 gastrointestinal complications” deaths and all modelled deaths occurring upon leaving class XI were
153 counted as “measles with gastrointestinal complications” deaths.

154 We employed two approaches to explore which parameter values provided the best fit of each
155 model to the data: least squares and Bayesian Markov Chain Monte Carlo (MCMC) analysis.

156 In the least squares approach we recorded the sum of the squared deviations between the daily
157 mortality numbers reported on Rotuma and those predicted by the our models for different sets of
158 values of β_M , β_Z , α_M , α_Z and ω . Values of β_M , β_Z , α_M , α_Z and ω were sampled using Latin Hypercube
159 Sampling from the parameter space indicated in Table 1. Our first analysis considered the total
160 number of deaths due to measles each day (i.e. the sum of “measles without gastrointestinal
161 complications” and “measles with gastrointestinal complications”). For this analysis we sampled 10-
162 million different sets of parameters, and fitted models 1, 2 and 3.

163 Our second analysis split up the daily measles deaths into “measles without gastrointestinal
164 complications” and “measles with gastrointestinal complications”. We tested 6-million different sets
165 of parameters. Only models 2 and 3 could be fitted in the second analysis because only these models
166 make separate predictions for measles deaths with and without gastrointestinal complications.

167 For the MCMC approach we used the Slice Sampling MCMC algorithm [24] implemented in Matlab
168 with a Poisson likelihood. We fitted model 1 to the total daily measles deaths (the sum of “measles
169 without gastrointestinal complications” and “measles with gastrointestinal complications” each day),
170 and we fitted models 2 and 3 to two values per day (“measles without gastrointestinal
171 complications” and “measles with gastrointestinal complications”). We used uninformative uniform
172 priors (given in Table 1) for β_M , α_M , α_Z and ω , but fixed the value of β_Z based on the results of our
173 least squares analysis as described in the Results. Effective sample sizes (ESS) and 95% highest
174 posterior density intervals were obtained using Tracer[25]. We ran the MCMC for long enough that
175 the ESS was > 200 for all estimated parameters.

176 For both approaches (least squares and MCMC) we sampled the value of ω (the rate of leaving the
177 immunosuppressed compartment) as part of the analysis. However, for ease of interpretation, in our
178 figures and results we present the value of $1/\omega$ (the mean duration of immunosuppression).

179 **Results**

180 **All three models can reproduce the broad pattern of total measles mortality**

181 Our simplest model (model 1) assumes that all measles deaths on Rotuma occurred due to acute
182 measles infection. To compare this model with our two immunosuppression models (models 2 and
183 3) we used the least squares approach described in the methods, fitting to the total number of
184 measles deaths recorded each day. Model 2, which assumes immunosuppression and the arrival of a
185 second novel microbe alongside measles, achieved the best fit (lowest sum of squares) out of all 3
186 models (Table S1). However, visual inspection of the fitted dynamics reveals little difference
187 between the models in terms of their ability to capture the overall epidemic curve (Figure 2a).

188 As noted in the introduction, measles deaths could be split into those with and without
189 gastrointestinal complications. We fitted models 2 and 3 to this more complex dataset using the
190 least squares approach. Both models 2 and 3 could reproduce the patterns of measles deaths with
191 and without gastrointestinal complications implied by the Rotuma data (Figure 2b). Again, model 2
192 provided the slightly better fit (table S1), and was better able to allow the wave of “without
193 gastrointestinal complications” deaths to peak earlier than the wave with such complications (figure
194 2b).

195 Placing the two individuals who brought measles to Rotuma in the infectious or exposed class at
196 time 0 made essentially no difference to the fits that could be achieved (Table S1). Throughout the
197 main text, we present results in which we assume those two individuals were in the exposed class.
198 We present equivalent results assuming they were in the infectious class in the Supplementary
199 material.

200 **Allowing measles immunosuppression to account for mortality on Rotuma in 1911 leads to higher**
201 **estimates of the R_0 of measles, and lower estimates of the case fatality rate of acute measles, than**
202 **when immunosuppression is not included.**

203 Figures S1 and S2 display combinations of parameter values which were associated with plausible
204 fits to the data in our least squares fitting of models 2 and 3 (see Supplementary Methods for how
205 this plausible fit was defined). For model 2, R_{0z} (the basic reproduction number of the secondary
206 infectious agent) can only fall within a very narrow range of values: 1.55 to 1.73 if the two individuals
207 who brought measles to Rotuma are assumed to be in the exposed class when they arrived at day 0,
208 (and the very similar range 1.53 to 1.77 if these individuals are assumed to be in the infectious class
209 at day 0). For model 3, R_{0z} can take a wide range of values, but these are highly correlated with the
210 case fatality rate of individuals experiencing infections during the period of measles
211 immunosuppression (α_z).

212 It is clear from the least squares analysis that a range of different parameter sets could be consistent
213 with the Rotuman pattern, and the data are insufficient to determine a single best-fitting scenario.
214 Nevertheless, if we fix a value for the reproductive number of the secondary infectious agent (R_{0z})
215 we can use MCMC to estimate the posterior distribution for the other parameters of the model for
216 *that* possible value of R_{0z} . We fixed R_{0z} at a value of 1.61 by fixing $\beta_z=0.000096$. This value allowed
217 good fits for model 2 in the least squares analysis. As noted above, there was no limitation on the
218 possible values which allow good fits for model 3, and in the supplementary material we show the
219 impact of applying two other values of β_z (0.0000655 to give $R_{0z}=1.1$ and 0.000119 to give $R_{0z}=2$).

220 Having fixed R_{0z} , we used MCMC to determine posterior distributions for β_M , α_M , α_z and ω for
221 models 2 and 3, and for β_M and α_M for model 1.

222 Figure 3 illustrates the posterior distributions of measles epidemiological parameters obtained from
223 our MCMC fitting. Models which include measles immunosuppression (i.e. model 2 or model 3) are
224 consistently associated with higher values for the R_0 of measles than model 1. When we assume the

225 two individuals who brought measles to Rotuma started out in the exposed class at time zero,
226 measles R_0 is estimated to be 3.27 (3.17, 3.37) for model 1, 3.93 (3.59, 4.27) for model 2 and 3.61
227 (3.44, 3.80) for model 3, thus model 2 is associated with the highest value for measles R_0 .

228 Models 2 and 3 also generate much lower estimates of the case fatality rate of acute measles
229 infection than model 1. When we assume the two individuals who brought measles to Rotuma
230 started out in the exposed class at time zero, the case fatality rate is 0.1394 (0.1244, 0.1557) for
231 model 1, but the much lower 0.0281 (0.0215, 0.0350) for model 2 and 0.0282 (0.0216, 0.0351) for
232 model 3.

233 Figures S5 and S6 illustrate that assuming the two individuals who brought measles to Rotuma were
234 in the infectious class rather than the exposed class leads to slightly lower estimates of R_0 than those
235 given above, and very similar estimates of the acute measles case fatality rate. Choosing different
236 values of R_{0z} for model 3 has limited impact on the estimates achieved (figure S5 and S6).

237 **The Rotuman data is consistent with a period of risky immune dysregulation lasting up to 3 weeks**

238 Model 2, in which we assume measles arrives alongside a second infectious agent is consistently
239 associated with a longer period of immunosuppression than model 3 (figure 4a and figure S6a).
240 When we assume the two individuals who brought measles to Rotuma started out in the exposed
241 class at day zero, the mean period of immunosuppression is 22 days (11, 33 days) for model 2 and 10
242 days (7, 13 days) for model 3.

243 Both models 2 and 3 also need to invoke a very high case fatality rate for those who become
244 infected with the secondary infectious agent during the period of immunosuppression. When we
245 assume the two individuals who brought measles to Rotuma started out in the exposed class at day
246 zero, the case fatality rate for infection whilst immunosuppressed is 0.604 (0.418, 0.880) for model 2
247 and 0.1422 (0.111, 0.174) for model 3.

248 Choosing a different value for R_{0z} does affect the estimated duration of immunosuppression and
249 case fatality rate whilst immunosuppressed for model 3, with a lower value of R_{0z} associated with a
250 longer period of immunosuppression and a higher case fatality rate for infection whilst
251 immunosuppressed (figure S6).

252

253 **Discussion**

254 There is every reason to suppose measles caused immunosuppression on Rotuma in 1911. Measles
255 infection is known to have this effect[26], and reports of reactivated tuberculosis infections at the
256 time of the measles outbreak are consistent with immunosuppression occurring[9]. Our key finding
257 is that there is no need to invoke an especially high death rate from acute measles on Rotuma in
258 1911, if the Rotuman population was susceptible to lethal gastrointestinal complications during a
259 period of immunosuppression following measles infection (figure 3b). This result adds to the
260 growing argument that devastatingly lethal first-contact epidemics need not have been due to any
261 particular genetic susceptibility of a previously-isolated human population[10]. Instead, they can be
262 understood in terms of epidemiological phenomena such as lack of prior immune exposure;
263 immunosuppression, and coinfection.

264 All of our models (with or without immunosuppression) could convincingly reproduce the overall
265 wave of measles deaths (figure 2). Thus, at the only level at which all 3 models could be compared,
266 there was little to choose between them. The true difference between the models with and without
267 immunosuppression becomes apparent when we consider how each model estimates the
268 epidemiological parameters of measles (figures 3 and 4). As discussed below, the values given by
269 models 2 and 3 are far more convincing and in keeping with modern estimates for measles than the
270 values given by model 1. Based on this, we assert that immunosuppression was indeed important in
271 generating the measles mortality pattern seen on Rotuma in 1911.

272

273 The basic reproductive number of measles (R_0) depends upon a range of factors, including
274 population density and cultural practises, as well as the intrinsic properties of the virus. The
275 estimated measles R_0 values we obtain for Rotuma in 1911 of up to 3.93 (3.59, 4.27) are towards the
276 lower end of what has been previously reported for measles, for which R_0 is often assumed to be at
277 least 12[27]. A systematic review of the R_0 of measles in a range of non-virgin-soil settings found
278 that out of 58 different estimates, the majority (52) were greater than 6. However, in three
279 situations the R_0 of measles was found to be between 4.1 and 6; in one it was between 2.1 and 4,
280 and in one it was lower than 2.1[27]. Broutin *et al* [28] estimated the R_0 of measles to be 4.6 in
281 Niakhar, Senegal, which “contains 30 villages of sizes ranging from 50 to 3000 inhabitants...The
282 compound, representing the smallest structure of the zone, corresponds to a group of houses where
283 extended families live, in one or several households”. A rural setting such as this may be more
284 relevant to Rotuma than others in which measles R_0 estimates have been obtained. Broutin’s
285 estimate of measles $R_0 = 4.6$ is similar to the highest estimate of R_0 we obtained for the Rotuman
286 data: 3.93 (3.59, 4.27) for model 2 when the two individuals who brought measles to Rotuma were
287 in the exposed class on day 0. Another important aspect is that higher values of measles R_0 (e.g.
288 $R_0=16-18$ for England and Wales[29]) are generally estimated in urban endemic settings where the
289 transmission is concentrated in closely mixing school children. In contrast, transmission in Rotuman
290 is spread across the entire population which is mainly in small rural communities.

291 A study of measles fatality in low and middle income countries between 1980 and 2016 found the
292 case fatality rate for measles in the community to be 2.4% (0.0–9.8) for low-income countries and
293 1.4% (0.0–5.8) for lower-middle-income countries[30]. A detailed analysis of measles mortality in
294 rural Bangladesh found case fatality rates for measles to vary between 0.0018 when the children
295 concerned had not been born during a period of famine, and 0.038 when the majority of the
296 children concerned had been born during a period of famine[31] (a fascinating insight into the
297 complexity of measles mortality). The overall pattern of these case fatality rates for low
298 income/rural settings are consistent with our estimates for the acute case fatality rate of measles on

299 Rotuma of 0.0281 (0.0215, 0.0350) for model 2, and 0.0282 (0.0216, 0.0351) for model 3
300 (remembering that both models 2 and 3 assume gastrointestinal complications are a consequence of
301 immunosuppression under a unique set of circumstances and do not count them as direct measles
302 mortality). The basic epidemiological features of measles on Rotuma in 1911, for our
303 immunosuppression models, thus seem consistent those seen around the world in comparable
304 modern settings.

305 Our two immunosuppression models are based on different biological concepts of what could trigger
306 gastrointestinal complications during a period of immunosuppression. Model 2, in which measles
307 arrived on Rotuma alongside a second infectious agent, is conceptually simple. There could have
308 existed a viral or bacterial agent on board the ship which arrived on Rotuma in 1911, which, like
309 measles, the Rotuman population had never encountered before. However, this scenario lacks
310 parsimony in that we need to suppose the existence of a second novel pathogen alongside measles
311 to explain the Rotuman pattern of mortality. Model 3 supposes that infectious agents, shared
312 amongst the Rotuman population in a state of dynamic equilibrium before measles arrived,
313 determined people's susceptibility to gastrointestinal complications when immunosuppressed by
314 measles. The most likely identity of these agents are gut microbes. We know that the gut
315 microbiome is dynamic, with members of a household swapping and sharing specific microbial
316 clones[32]. The gut microbiomes of industrialised societies, subsistence farmers and hunter gatherer
317 societies exhibit distinct features[33,34], implying that changes in the human gut microbiome are
318 associated with transitions in human lifestyle. A previously suggested explanation for the extreme
319 mortality of early Pacific Island dysentery epidemics is that the diverse gut microbiomes of highly
320 isolated human populations exist in a state of equilibrium with the immune system, the disruption of
321 which can result in extreme gastrointestinal disease[35]. For measles, immunosuppression (rather
322 than dysentery directly disrupting the gut microbiome) would be the driver behind such
323 dysregulation, but the riskiness of a diverse Pacific Islander gut microbiome in the face of a novel
324 infection could be a common feature of extreme infection mortality in both historical measles and

325 dysentery outbreaks. The fact that we no longer see such extreme gastrointestinal complications
326 following measles outbreaks today could reflect the microbial transition of Pacific Islander societies,
327 such that their gut microbiomes are now more similar to those of all industrialised societies.

328

329 A matched cohort study found that children who experienced measles infection in the UK between
330 1990 and 2014 were more susceptible to non-measles infectious disease than controls who did not
331 experience measles[36]. This effect lasted up to 5 years following measles infection, but the biggest
332 differences between the measles-infected children and the controls occurred in the first month
333 following measles infection. For our immunosuppression modelling, the duration of risky immune
334 dysregulation on Rotuma was estimated at approximately 20 days for model 2 and approximately 10
335 days for model 3 (but if the secondary infectious agent has an R_0 of 1.1 in model 3, the duration of
336 immunosuppression is increased to up to 20 days – see figure S6).

337

338 The widespread availability of measles vaccination is a pillar of global health, but vaccine hesitancy
339 and scepticism undermine the uptake of this lifesaving intervention[37]. Modern populations are
340 only protected against the impact of measles if their vaccination rates are sufficiently high. In 2019,
341 the measles vaccine rate was only 31% in Samoa, although thankfully higher in other Pacific Island
342 populations[38]. Measles vaccination rates had generally been declining on Samoa from 2014[11],
343 but trust in the measles vaccine was especially shaken in Samoa due to a tragic human error in
344 vaccine delivery in 2018[39]. Following 2019's especially low measles vaccination rate, there was a
345 measles outbreak in Samoa in 2019 causing 5707 cases, 1868 hospitalisations and 83 deaths[11]. The
346 ongoing public health impact of this outbreak, in terms of the impact of measles on the immune
347 systems of those affected, remains to be seen.

348

349 The modelling we present here offers several new perspectives on the 1911 Rotuman measles
350 outbreak. We demonstrated that once immunosuppression is accounted for, the epidemiological

351 properties of measles itself appear consistent with comparable modern settings. We introduced two
352 alternative scenarios for what could have driven extreme gastrointestinal complications: the
353 introduction of a second novel pathogen, or the disruption of an existing gut microbe equilibrium.
354 Whilst the specific circumstances of Rotuma's isolation in 1911 are never going to be repeated, the
355 1911 measles outbreak on Rotuma serves to remind us of the potentially lethal impact of measles on
356 the human immune system. A better understanding of this, and all other risks of measles, needs to
357 cut across misinformation and vaccine hesitancy.

358

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366 **Conflict of interest**

367 We have no conflicts of interest.

368 **Data Availability**

369 The historical mortality data used in this paper has been previously published[9]. The novel data
370 introduced by this paper are the models and simulation results, which are fully described within the
371 manuscript.

372

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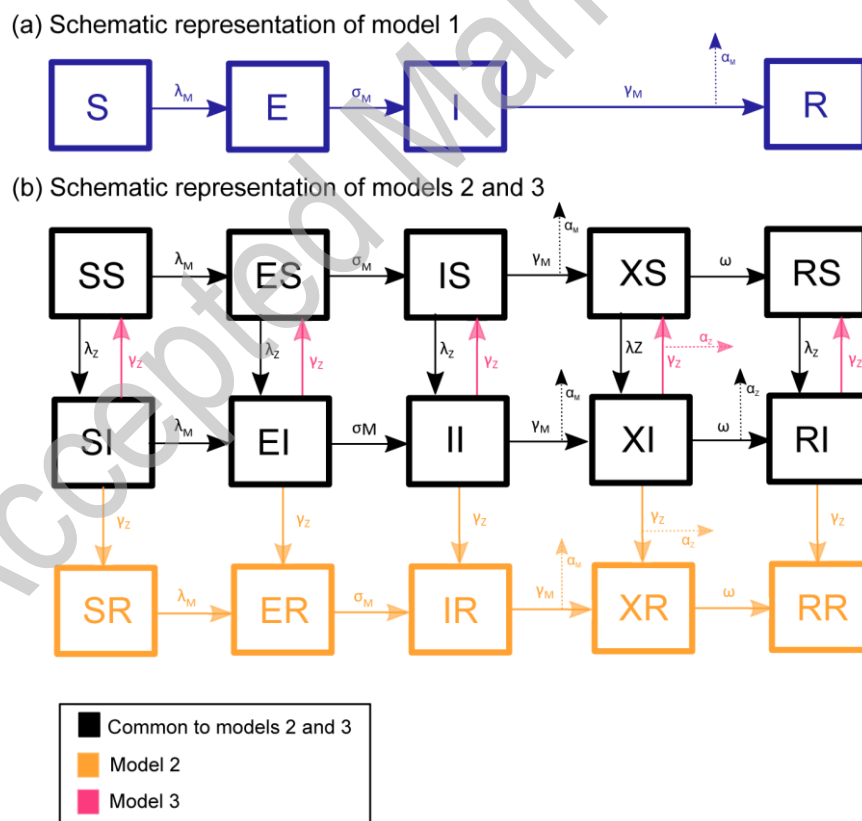
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458 **Figure Legends**

459 **Figure 1: Schematic diagram of compartmental models 1- 3.** Model 1 is shown in panel (a) and
 460 models 2 and 3 are shown in panel (b). Each box represents a different state in which an individual
 461 can exist (see Methods for how these are defined). Solid arrows represent the rates of transition
 462 between different states. Dotted arrows represent losses due to infectious disease mortality.
 463 Specifically, the symbols α_M and α_z represent proportions of those who would have transitioned
 464 between two states, but in fact died from acute measles (α_M) or infection whilst immunosuppressed
 465 (α_z). Definitions of all rate symbols used are given in Table 1, with the exception of the symbols λ_M
 466 and λ_z . These represent the force of infection with measles and the secondary infectious agent
 467 respectively and are defined with the model equations in the supplementary appendix.

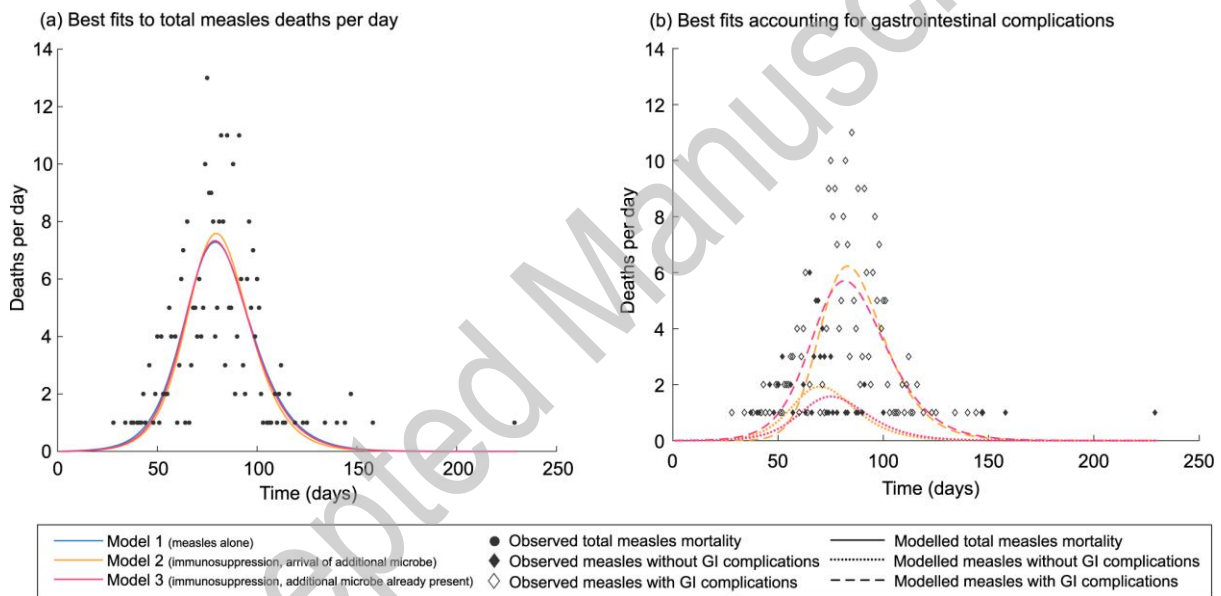


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470 **Figure 2: Least squares fitting of mortality patterns during the 1911 measles outbreak on Rotuma.**

471 Panel (a) illustrates the best fitting mortality time series generated by each of models 1-3 using least
472 squares fitting when the models were fitted to the total number of measles deaths per day. Panel (b)
473 illustrates the best fitting mortality time series for models 2 and 3 using least squares fitting when
474 the models were fitted to the pattern of measles deaths with and without gastrointestinal
475 complications. In both panels (a) and (b) the two individuals who brought measles to Rotuma were
476 assumed to be in the exposed class. The equivalent results when the two individuals were assumed
477 to be in the infectious class are shown in figure S2.

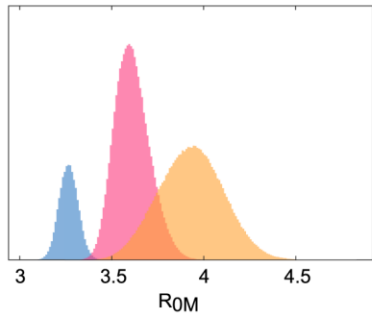


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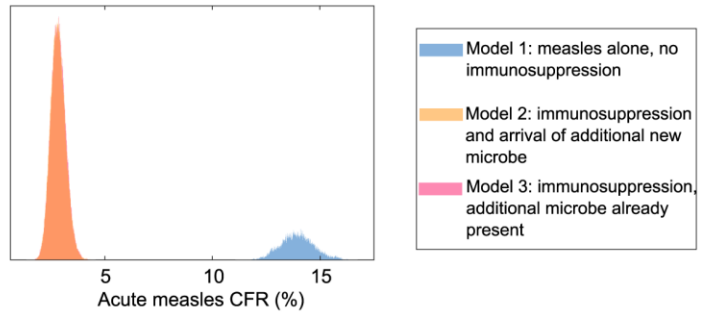
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480 **Figure 3: Estimates of measles R_0 and acute measles case fatality rate in models with and without**
481 **immunosuppression.** These results are for the scenario where the two individuals who brought
482 measles to Rotuma were both in the exposed (not yet infectious) class at time=0. Panels (a) and (b)
483 illustrate posterior distributions for the basic reproduction number of measles (a) and the case
484 fatality rate of acute measles (b), obtained using MCMC as described in the Methods. In panel (b),
485 the estimates for models 2 and 3 are so similar that the distributions overlap. Panel (c) illustrates
486 time series for each of the 3 scenarios explored: (i) model 1, in which we do not separate deaths
487 caused by measles alone from deaths associated with both measles and gastrointestinal
488 complications; (ii) our model 2 immunosuppression scenario in which measles enters the population
489 at the same time as a second novel microbe, and (iii) our model 3 immunosuppression scenario in
490 which measles disrupts an existing microbial equilibrium on Rotuma. The 95% credible intervals for
491 the model outputs were obtained by sampling 2000 different parameter sets from the joint
492 posterior distribution of all parameters, running the model with each parameter set, recording the
493 range of numbers of deaths per day observed at each time point for all those different parameter
494 values, then truncating that range by 2.5% from the top and 2.5 % from the bottom for each time
495 point.

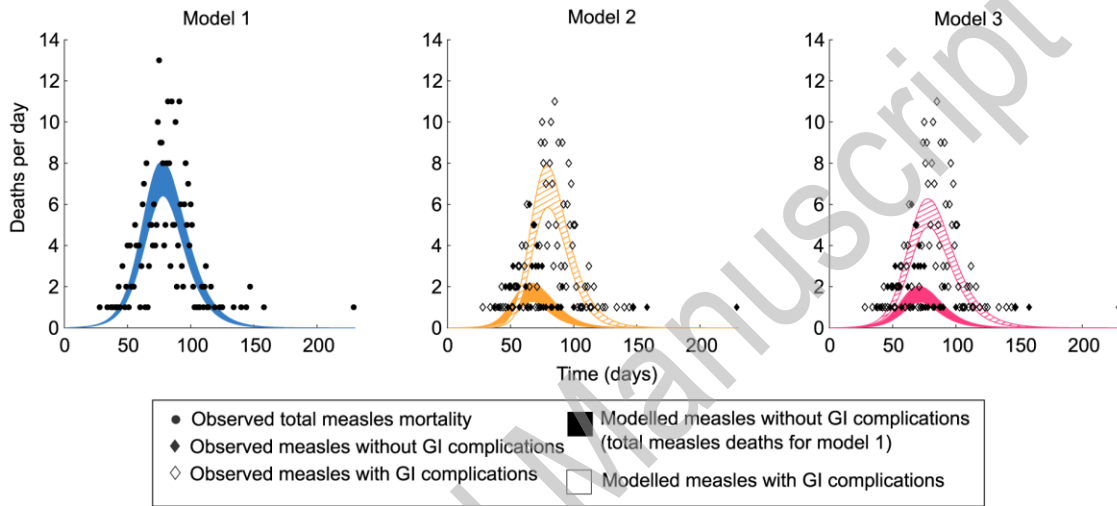
(a) Posterior distribution of measles R_0



(b) Posterior distribution of acute measles case fatality rate



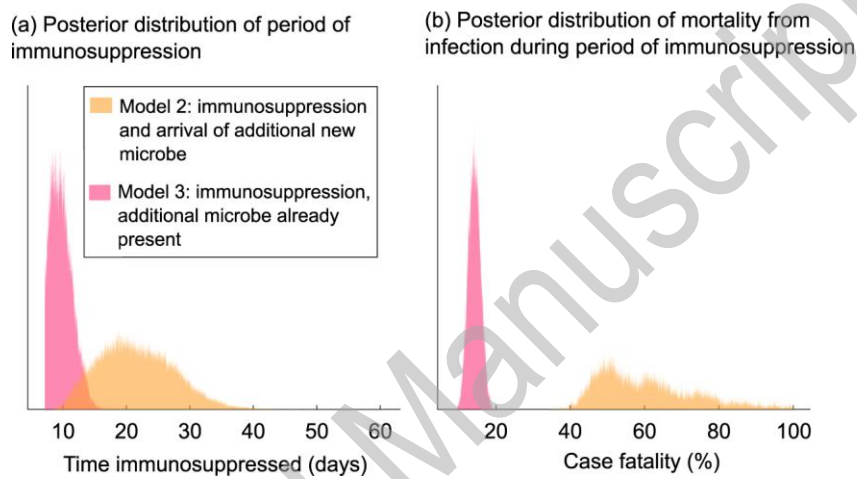
(c) 95% credible intervals for time series for each model



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498 **Figure 4: Duration of period of immunosuppression and mortality whilst immunosuppressed.**
499 These results are for the scenario where the two individuals who brought measles to Rotuma were
500 both in the exposed (not yet infectious) class at time=0. Panels (a) and (b) illustrate posterior
501 distributions for the average duration of the period of immunosuppression following measles
502 infection (a), and the case fatality rate for those infected with a second agent during that period (b),
503 using model 2 or model 3 (different colours, as indicated in the key).



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508 Table 1: Parameters used in models

Parameter	Description	Value used
β_M	Measles transmission parameter, such that in the model framework used here the basic reproduction number of measles (R_{0M}) is equal to $\frac{\beta_M N}{\gamma_M}$	Values between 0.00006 and 0.0005 explored in least squares analyses. Also fitted to the data using MCMC with a uniformly distributed prior (minimum and maximum values as given above).
σ_M	1/average duration of latent period of measles (rate of transitioning from the measles exposed class to the measles infectious class).	1/8 days ⁻¹
γ_M	1/average period of infectiousness with measles (rate of transitioning from the measles infectious class to the measles immunosuppressed class).	1/7 days ⁻¹
ω	1/average period of measles immunosuppression (rate of transitioning from the measles immunosuppressed class to the measles immune class).	Values between 0.01 and 0.14 days ⁻¹ explored in least squares analyses. Also fitted to the data using MCMC with a uniformly distributed prior (minimum and maximum values as given above).
β_Z	Second infectious agent transmission parameter such that in the model framework used here the basic	Values between 0.00006 and 0.0005 explored in least squares analyses; fixed at a value of

	reproduction number of the second infectious agent is equal to $\frac{\beta_Z N}{\gamma_Z}$	0.000096 for the MCMC analysis (equivalent to $R_{0Z} = 1.61$).
γ_Z	1/average period of infectiousness with second infectious agent (rate of transitioning from the infectious class to the susceptible (model 1) or recovered (model 2) class).	1/7 days ⁻¹
α_M	Case fatality rate of measles.	Values between 0 and 0.5 explored in least squares analyses. Fitted to the data using MCMC with a uniformly distributed prior with minimum and maximum values of 0 and 1. We used a wider range for the prior in the MCMC analysis than was used in the least squares analysis, because in the least squares analysis it seemed as though the best fits were achieved when α_Z took values that were close to the maximum possible value in the least squares analysis (0.5) – see figures S3 and S4.
α_Z	Case fatality rate for those infected with secondary infectious agent whilst simultaneously in immunosuppressed class.	

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